



# SANDSTORY THERAPY®

## LEVEL 1 TRAINING

### Terms and conditions of Training

Thank you for choosing to train with me! I very much look forward to welcoming you as you start.

Please read the following information and sign the google form to acknowledge you have read, understood and accept the terms.

#### THE APPLICATION PROCESS:

All applications to undertake SandStory Therapy® Level 1 training will be reviewed and considered fairly. All applicants must meet the minimum requirements for the training (qualification and therapeutic understanding). Should the trainer feel that the applicant does not meet the requirements for the course, an automatic refund will be given and the booking cancelled. The trainer reserves the right to cancel a booking without a detailed explanation or feedback. The applicant will always be informed of this fact in thin unlikely event.

#### WORKING SAFELY

1. Working therapeutically with sand opens 'the subliminal door to the unconscious'. Training is essential and requires a high level of safety and ethical integrity in the therapist. As such, the focus of the training is on delivering SandStory Therapy® sessions in a way that is ethical, safe, gentle and empowering for our clients.
2. As with all therapeutic training, there is a high level of experiential work. This can activate the participants unconscious and trigger ongoing material. Participants are encouraged to hold themselves safely and appropriately within the containment offered by a training - not therapy group.
3. It is expected that, as a qualified therapist or counsellor, you are accessing regular clinical supervision and that your SandStory Therapy® work can be discussed within those sessions. However, if you do wish to discuss your SandStory Therapy® work with Donna she would be delighted to support you.

#### CANCELLATION POLICY [Written according to the Consumer Contracts Regulation, 2013]

The full training fee is due when the booking is made. Paying in instalments is also possible and must be completed 2 weeks before the start date of the course.

- Cancellation of a booking by the participant must be received in writing.
- A non-refundable admin fee of £50 is always retained for non-attendance.
- Donna will offer a space for a subsequent training date where a space is available and if this is not possible for the participant who is cancelling and if Donna is unable to find a replacement participant for the cancelled space then the following also applies:
  - \* More than 2 weeks before the course: 50% of the fee is payable
  - \* Less than 2 weeks before the course: 100% of the fee is payable
- Should a participant withdraw from a course once the training has commenced there will be no return of the fee.
- Refunds will be made via BACS within 14 days of the cancellation.
- Should the training be cancelled by Donna, a full refund will be made if the proposed new dates do not suit the participant.

#### CONTINUING PROFESSIONAL DEVELOPMENT CPD POINTS:

The course is 14 CPD hours .

At the conclusion of the training and successful completion of 2 simple assessments you will receive your CPD Certificate, personalised logo and will be a Registered SandStory Therapist.

## **COURSE ASSESSMENT:**

There are two pieces of written work to submit to gain your qualification as a 'Registered SandStory Therapist'.

1. Training Reflection Form - an evaluation of your SandStory Therapy® training. Please complete the online form. It aims to capture your personal thoughts about the training as well as some basic facts that you were taught.
2. Practice Reflection Form - a case study format capturing your work with a client as you integrate SandStory® Therapy into your practice. Please complete the online form. It will ask that you demonstrate how you have used all 5 stages and showcase your understanding of this approach. Please include a brief anonymous summary of the client and at the end, summarise your own learning about the client. You must include at least one picture of their tray. You can always reconstruct the tray if needed, especially to show the change if the client chose to change things. Please ensure you have signed permission to share their material.

There is no strict word count for the case study (a rough guide may be between 1000 and 2000 words) Your certificate and logo will only be issued when all your assessments are completed.

All case studies, personal reflections and application forms are held in accordance with GDPR. Please do let Donna know if you would like a copy of the privacy policy.

## **GAINING YOUR QUALIFICATION:**

To qualify as a 'Registered SandStory® Therapist' you must demonstrate you can work safely in the sand adhering to the SandStory® model we are teaching. An appropriate level of reflection and evaluation of your interventions, as well as the client's process must be evident to assess your understanding and knowledge. If you didn't manage to use all 5 stages in the case study don't worry. You can reflect on your choices, feelings/ countertransference and how you held the client in their therapeutic exploration and which stages were not appropriate in that sessions or for that unique client. For example, it may have been age dependant.

On submission of your case study, Donna will aim to respond with the outcome within 2 weeks. Exceptions may be made if Donna is on annual leave.

## **WHAT ARE THE SKILLS I NEED TO DEMONSTRATE?:**

To meet the criteria for registration and qualification you will need to show through your case study that as well as understanding how to facilitate the 5 stages of SandStory Therapy, you can offer the following:

- Empathy
- Being alongside your client and following their unique needs
- Reflective listening
- Trusting your instincts
- Attunement and energy matching (SandStory® is a gentle approach)
- Holding space and staying present
- Offering gentle wondering questions
- Not rushing the process
- Being respectful of the client's space, tray, symbols (psychic airspace)
- Showing a non-judgmental approach
- Not openly interpreting the client's story or asking invasive or overly directive questions
- Ability to stay with the client's meaning not your own
- Always maintaining safe boundaries and ethical practice

Donna will also observe some of the skills practices over the 2 days to support the assessments as we recognise it can be a challenge to describe all these characteristics in one Reflective Practice Form.

## WHAT HAPPENS IF I DO NOT PASS MY PRACTICE REFLECTION FORM?

If a participant does not demonstrate sound knowledge [for example, this might be that their questions are overly interpretive or directive] Donna will offer a chance to re-submit the case study and provide some points for reflection either via email or a short zoom call.

Resubmission can be made once the participant feels confident that they have addressed the points of feedback. If the second submission does not meet the standard required, participants will need to attend a supervision session with Donna at the cost of the current supervision fee and she will talk through areas for development. A final opportunity to submit a case study will be offered if the participant can demonstrate self-awareness and reflective capacities in line with the SandStory® model.

If after these opportunities, it becomes clear that the participant is not able to work within the model effectively and safely, they will be awarded an attendance certificate for CPD hours only. In this unlikely event you will not be permitted to use the title of SandStory® Therapist or use the model to practice. All case studies which **do not pass in the first instance will be second marked either by Lara Kora or another SandStory Therapy® Trainer.**

## DIVERSITY AND RESPECT

Donna Stone and Dobbie Stones SandStory Trainings are committed to the provision of training which is inclusive for participants from a diverse range of professional, cultural and socio-economic backgrounds. We strive to foster learning, working and social environment in which the rights and dignity of everyone is respected regardless of their actual or perceived age, disability, gender, identity, marriage or civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation. Discrimination or harassment will not be tolerated. We ask everyone to show respect, tolerance, honesty and integrity in their dealings with each other, and we will always offer the same. Any concerns related to this statement should be addressed in writing with Donna as soon as possible.

## INTELLECTUAL PROPERTY AND COPYRIGHT

SandStory® Therapy is a registered copyright, and the information provided in the training through all the materials, including the powerpoint and contents of the workbook, are the intellectual property of both Donna Stone and Lara Kora and, as such, are protected by copyright. They represent many hours of hard work, research, time and money investment as well as effort and are intended for you, a paying participant, in context and live training. We respectfully ask you not to share these with others in any format nor plagiarise or pass the training content onward in any way. Any infringement of this will be followed up legally. A heartfelt thank you for respecting the intellectual property of this material.

